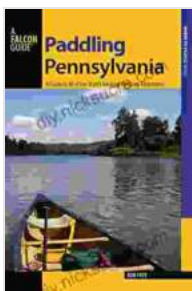


Guide to 50 of the State's Greatest Paddling Adventures: Exploring America's Waterways

This comprehensive guide is your gateway to the ultimate paddling experiences across the state, showcasing 50 awe-inspiring adventures that will leave you mesmerized by the beauty and diversity of our aquatic landscapes. Immerse yourself in serene waterways, navigate challenging rapids, and discover hidden gems that will ignite your passion for paddling.

Location: The southern border of the state **Length:** 2,350 miles **Difficulty:** Beginner to advanced

Embark on an epic journey along the iconic Mississippi River, the longest river in North America. Glide through tranquil backwaters, encounter bustling cities, and admire the sprawling floodplains that define this mighty waterway. Whether you prefer kayaking, canoeing, or paddleboarding, the Mississippi offers endless opportunities for adventure.



Paddling Pennsylvania: A Guide to 50 of the State's Greatest Paddling Adventures (Paddling Series)

by Bob Frye

★★★★☆ 4.3 out of 5

Language : English
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Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 144 pages



Location: Western border of the state **Length:** 169 miles **Difficulty:** Beginner to intermediate

Bordering both the state and Wisconsin, the St. Croix River National Scenic Riverway offers a pristine and picturesque paddling experience. Explore towering sandstone cliffs, ancient forests, and abundant wildlife as you navigate its calm waters. Relish the tranquility of secluded coves and marvel at the intricate rock formations that shape its shores.

Location: Northeastern part of the state **Length:** 90 miles **Difficulty:** Advanced

For thrill-seekers and experienced paddlers, the Upper Iowa River beckons with its challenging whitewater rapids. Tackle Class II to IV rapids, maneuver around boulders, and navigate swift currents in this exhilarating adventure. The rugged beauty of the surrounding landscape adds to the adrenaline rush, making this a truly unforgettable paddling experience.

Location: Along the northern border of the state **Length:** Varies depending on route **Difficulty:** Beginner to intermediate

Escape into the serene embrace of Lake Superior, the largest freshwater lake in the world. Explore secluded bays, pristine shorelines, and magnificent sea caves. Keep an eye out for towering cliffs, cascading waterfalls, and an abundance of wildlife that calls this lake home.

Location: Northeastern part of the state **Length:** 50 miles **Difficulty:**
Beginner to intermediate

Unveiling a more secluded paddling haven, the Cloquet River winds through dense forests and offers a serene escape. Paddle amidst towering pines, encounter playful otters, and marvel at the vibrant autumn foliage that transforms its banks into a kaleidoscope of colors.

Location: Southeastern part of the state **Length:** 0.5 mile **Difficulty:**
Beginner

Embark on a unique paddling adventure within the depths of the Mystery Cave State Park. Navigate through an underground river that flows through a labyrinth of limestone caves. Admire sparkling rock formations, encounter friendly cave salamanders, and delve into the hidden world beneath the earth's surface.

Location: North of the Bayfield Peninsula **Length:** Varies depending on route **Difficulty:** Beginner to advanced

Escape to the rugged beauty of the Apostle Islands, a chain of 21 pristine islands nestled within the crystal-clear waters of Lake Superior. Discover sheltered bays, explore sea caves, and paddle along sheer cliffs. Be prepared for awe-inspiring sunsets and the chance to spot majestic bald eagles soaring overhead.

Location: Along the Mississippi River **Length:** 72 miles **Difficulty:** Beginner to intermediate

Immerse yourself in the vibrant tapestry of life at the Mississippi River National Wildlife and Fish Refuge. Paddle through diverse habitats, observe nesting bald eagles, encounter playful river otters, and witness the spectacle of migrating waterfowl. This refuge is a haven for nature enthusiasts and birdwatchers alike.

Location: Minneapolis **Length:** 13 miles **Difficulty:** Beginner to intermediate

Discover the urban oasis of the Minneapolis Chain of Lakes, a series of interconnected lakes within the heart of the city. Paddle through vibrant neighborhoods, admire stunning lakeside homes, and soak in the bustle of city life from a unique perspective. This urban paddling adventure offers a refreshing escape without leaving the city limits.

Location: Western and central part of the state **Length:** 363 miles **Difficulty:** Beginner to intermediate

Embark on a historic journey along the Erie Canal, a 19th-century waterway that revolutionized transportation and connected the Great Lakes to the Atlantic Ocean. Paddle through charming villages, admire historic architecture, and delve into the rich history that shaped the state.

Location: Northeastern part of the state **Length:** 11 miles **Difficulty:** Beginner to intermediate

Escape to the serene embrace of the St. Louis Bay Estuary, where freshwater meets saltwater to create a haven for wildlife. Navigate through shallow marshes, encounter playful seals, and marvel at the panoramic views of the Superior National Forest.

Location: Northeast part of the state, bordering Canada **Length:** Varies depending on route **Difficulty:** Advanced

Paddle into the pristine wilderness of the Boundary Waters Canoe Area Wilderness, a vast network of lakes, rivers, and forests. Discover secluded campsites, encounter abundant wildlife, and marvel at the awe-inspiring night sky. This remote adventure is a true test of endurance and self-reliance.

Location: Southeastern part of the state **Length:** 0.5 mile **Difficulty:** Beginner

Explore a hidden gem beneath the surface at the Cannon Falls Limestone Caves. Paddle through an underground river that flows through a series of interconnected chambers. Admire intricate rock formations, discover hidden waterfalls, and encounter friendly cave creatures.

Location: Southern part of the state **Length:** 342 miles **Difficulty:** Beginner to intermediate

Unwind and explore along the tranquil waters of the Minnesota River, a meandering waterway that offers a diversity of paddling experiences. Navigate through scenic bluffs, encounter playful wildlife, and discover charming towns along its banks.

Location: Northwestern part of the state **Length:** 72 miles **Difficulty:** Beginner to intermediate

Immerse yourself in the rich cultural heritage of the Namekagon River, a National Wild and Scenic River. Paddle amidst towering pines, encounter

ancient petroglyphs, and learn about the Native American history that shaped this pristine waterway.

Location: Northwestern part of the state **Length:** 45 miles **Difficulty:** Intermediate to advanced

Venture into the secluded wilderness of the Brule River, a gem hidden deep within the North Woods. Navigate challenging rapids, admire cascading waterfalls, and embrace the tranquility of pristine forests. This adventure is perfect for experienced paddlers seeking an adrenaline rush and a deep connection with nature.

Location: Central part of the state **Length:** 42 miles **Difficulty:** Beginner to intermediate

Escape the hustle and bustle of city life on the serene waters of the Rum River. Paddle through scenic parks, encounter friendly wildlife, and admire the natural beauty that lies just beyond the urban sprawl.

Location: Southern part of the state **Length:** 30 miles **Difficulty:** Beginner to intermediate

Discover the hidden gem of Split Rock Creek, a meandering stream that offers a peaceful and scenic paddling experience. Navigate through lush forests, encounter playful deer, and soak in the beauty of the surrounding nature.

Location: Southeastern part of the state **Length:** 112 miles **Difficulty:** Beginner to advanced

Paddle through a landscape of towering limestone bluffs and lush forests on the scenic Cannon River. Encounter cascading waterfalls, discover hidden caves, and marvel at the breathtaking beauty of this natural wonder.

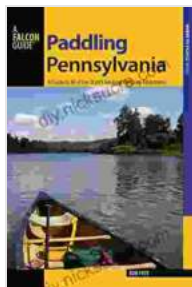
Location: Northwest part of the state **Length:** 160 miles **Difficulty:** Beginner to intermediate

Embark on a cultural immersion along the Red Lake River, a waterway that holds deep significance for the local Native American community. Learn about the rich history and traditions of the region while paddling through tranquil waters surrounded by picturesque landscapes.

Location: Southwestern part of the state **Length:** 10 miles **Difficulty:** Beginner

Escape to the birdwatcher's paradise of Lac qui Parle State Park. Paddle through marshes teeming with waterfowl, observe nesting bald eagles, and delve into the diverse habitats that support a multitude of avian species.

Location: Southwestern part of the state **Length:** 2 miles **Difficulty:**



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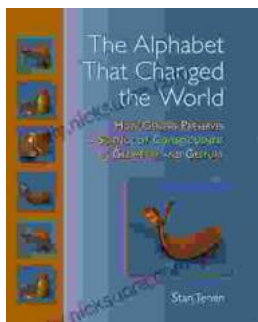
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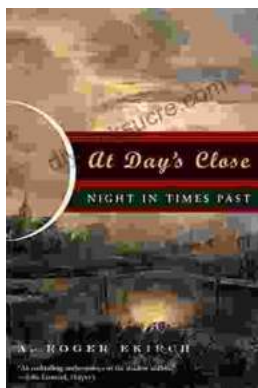
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