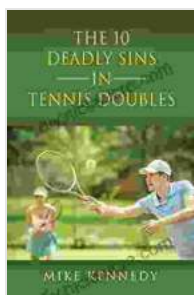


The 10 Deadly Sins in Tennis Doubles: A Comprehensive Guide to Avoiding Catastrophe on the Court

Tennis doubles is a thrilling and rewarding game, but it can also be unforgiving of mistakes. Unlike singles, where you have the luxury of relying on your own skills and instincts, doubles requires you to work closely with a partner. This can lead to a number of potential pitfalls, especially if you're not familiar with the nuances of the game.

In this article, we'll explore the 10 deadly sins of tennis doubles and provide tips on how to avoid them. By following these tips, you can improve your doubles game and avoid costly errors that could lead to defeat.

1. Not communicating



THE 10 DEADLY SINS in TENNIS DOUBLES: HOW TO IMPROVE YOUR GAME, TOMORROW, WITHOUT PRACTICING! by Brian Clegg

★★★★☆ 4.8 out of 5

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Communication is key in tennis doubles. You need to be able to talk to your partner about everything from strategy to shot selection. Make sure you're on the same page before each point and don't be afraid to adjust your plans as the game progresses.

2. Not covering the court

One of the most important aspects of doubles is covering the court. This means being in the right position to receive your partner's serve, return your opponent's shots, and poach at the net. If you're not covering the court effectively, you're putting your team at a disadvantage.

3. Hitting too many unforced errors

Unforced errors are one of the biggest killers in tennis doubles. These are mistakes that you make on your own, without being forced by your opponent. Unforced errors can be caused by a number of factors, such as poor footwork, bad shot selection, or lack of concentration.

4. Not being aggressive

Tennis doubles is a fast-paced game, and you need to be aggressive if you want to win. This doesn't mean that you have to hit every ball with all your might, but it does mean that you need to be willing to take risks and go for winners.

5. Not poaching

Poaching is a key strategy in tennis doubles. It involves moving into your opponent's court to hit a volley or overhead. Poaching can be a great way

to win points, but it's important to do it at the right time. If you poach too early, you'll leave your partner exposed.

6. Not doubling the serve

Doubling the serve is a common strategy in tennis doubles. It involves both partners hitting the serve in succession. This can be a great way to put pressure on your opponents and force them to make mistakes.

7. Not returning deep

Returning deep is essential in tennis doubles. If you don't return deep, your opponents will be able to attack your serve and take control of the point.

8. Not moving to the net

Moving to the net is a great way to put pressure on your opponents and win points. However, it's important to only move to the net if you're confident that you can win the point. If you move to the net too early, you'll leave yourself open to being passed.

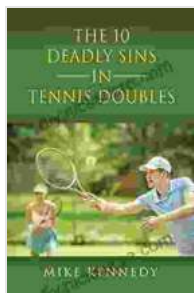
9. Not playing for your partner

Tennis doubles is a team game, and it's important to play for your partner. This means being willing to sacrifice your own game to help your partner win.

10. Not having fun

Tennis doubles should be fun! If you're not having fun, you're not going to play your best. So make sure you relax, enjoy yourself, and have some fun on the court.

By following these tips, you can improve your tennis doubles game and avoid costly errors that could lead to defeat. So get out there and start playing like a pro!

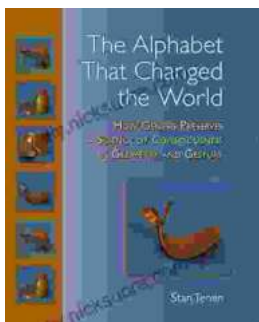


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